













- \* Karnataka State team Participation(Nationals) = 16
- **★** Intercollegiate winners & Runners up = 06
- **\*** SET Competition Winner & Runners up = 08
- \* Annual Inter Class Athletic Meet conducted = 01
- \* Annual interclass Indoor & Outdoor games Conducted = 01
- ★ Best out going sports Men & Women = 02



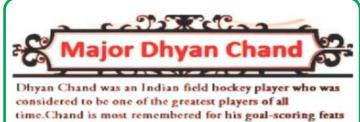
## **Seshadripuram Academy of Business Studies**

(Affiliated to Bangalore University) K S Town, Bangalore – 60

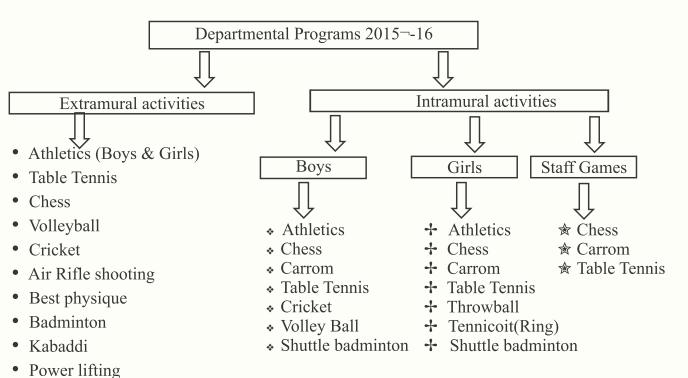
# **Dept. of Physical Education and Sports**

Activities and Achievements 2015-16





Dhyan Chand was an Indian field hockey player who was considered to be one of the greatest players of all time. Chand is most remembered for his goal-scoring feats and for his three Olympic gold medals (1928, 1932, and 1936) in field hockey, while India was dominant in the sport. He is best known as "the Wizard" for his superb ball control, Chand played his final international match in 1948, having scored more than 400 goals during his international career! "Goal" is the autobiography of Hockey wizard Dhyan Chand, published by Sport & Pastime, Chennai, 1952. Ankit Sharma Blog



Co-ordinator

GIRISH C, B.B.M, B.P.Ed, M.P.Ed
Physical Education Director
Seshadripuram Academy of Business Studies
K S Town, Bangalore-60

• Soft ball

Skipping

• Throw ball., etc

## Dept. Of Physical Education and Sports College Activities & Students Participation 2015-16

Sl. No	Date	Event/ Game	Venue	Remarks / Achievement
1	22.07.2015 to 08.07.2015	Selection of college team for varios Sports & Games	Indoor Sports –College Outdoor Sports –BBMP Ground	For our college students
2	03.08.2015 to 04.08.2015	Shuttle Badminton (Men & Women)	Sindhi College of Commerce, Hebbal	Inter Colleg Bangalore University Particapation
3	05.08.2015	Shuttle Badminton (Men & Women)	Sindhi College of Commerce, Hebbal	B .U Selection trials for All India Inter University
4	01.08.2015	Guest Lecture on "Health & Sports"	Seminar Hall , SABS	For our college students
5	07.08.2015	Swimming & Diving (Men)	Sports Authority of India , Bangalore	Inter College Bangalore University Particapation
6	10.08.2015 to 11.08.2015	Tabel Tennis (Men)	P.E.S College , Hunmanthnagar	Inter College Bangalore University Particapation
7	12.08.2015	Tabel Tennis (Men)	P.E.S College , Hunmanthnagar	B .U Selection trials for South Zone Inter University
8	25.08.2015 to 26.06.2015	Cricket (Men)	Central College Ground D.P.E	B .U Selection trials for South Zone Inter University
9	01.09.2015 to 02.09.2015	Taekwondo (Men)	Sree. Kanteerava Stadium, Bangalore	Inter College Bangalore University Particapation
10	19.09.2015	11 <sup>th</sup> Annual Inter Class Athletic Meet 2015-16	Jnanabharathi Campus, Bangalore University	For our College Students
11	21.09.2015 to 23.09.2015	Athletics (Men & Women)	Sree. Kanteerava Stadium, Bangalore	Inter College Bangalore University Particapation
12	28.09.2015 to 30.09.2015	Kabaddi (Men & Women)	Govt. College for Boys , Chintamani	Inter College Bangalore University Particapation
13	10.12.2015 to 11.12.2015	Best Physique (Men)	Govt. Arts College , Bangalore	Inter College Bangalore University Particapation 1 Silver 1 Bronze
14	11.01.2015 to 12.01.2015	Power Lifting (Men & Women)	G.F.G.C , Malur	Inter College Bangalore University Particapation 1 Gold 2 Silver
15	13.01.2015 to 14.01.2015	Weight Lifting (Men & Women)	G.F.G.C, Yelahanka	Inter College Bangalore University Particapation 2 Gold
16	22-01-2016	Throwball	B.M.S.C.W	Inter College Sports Fest Participation
17	02.02.2016 to 04.02.2016	Throwball	R C College	Inter College Bangalore University Participation
18	06.02.2016 to 07.02.2016	Volleyball	G.F.G.C Hoskote	Inter College Bangalore University Participation
19	06 02.2016	SET Founders Cup Power Lifting & Shuttle Badminton	S.I.C.M	Inter SET competition Power Lifting 2 I Place 5 II Place
20	11.02.2016	Table Tennis	Seshadripuram Main College	Inter SET competition
21	17.02.2016	Chess	Seshadripuram Main College	Inter SET competition
22	23.02.2016	Volleyball	Seshadripuram Yelahanka College	Inter SET competition Runners

## **Report on Annual Interclass Athletic Meet 2015-16**





The 11th Annual Inter Class Athletic Meet of Seshadripuram Academy Business Studies K.S. Town was held on 19th September 2015 at Jnanabharathi UCPE Ground. It was inaugurated by Sri.Shivakumar K.J, Director of Physical Education, Dr.Ambedkar Institute of Technology, Bangalore, Sri. B.A Ananthram Chairman, Governing Council, SABS.& Sri. B M Parthasarathy, Hon. Treasurer, SET were a Guesst of Honor, for the function Both the Guests along with our Principal Prof. Jayaram released the Pigeons into the open air signifying peace and harmony.

Sri. B.A.Ananthram, Governing Council Chairman presided over the function. Good number of Students and all Teaching and Non-Teaching Staff participated in various athletic events and won the prizes.

The overall individual championships were bagged by Ms. Ashwini B of VSem BBM and Sarvam Kumar I Sem BCA for women and men respectively. Prof. Lakshmi Narayan welcomed the gathering Prof Jayaram, Principal proposed the Vote of Thanks. The programme was anchored by Smt.Rashmi S Dept. of Computer Science.

#### INTER CLASS INDOOR SPORTS & TEAM EVENTS LIST

### **Events List**

Indoor Games		
Men	Women	
Chess	Chess	
Table Tennis	Table Tennis	
Carrom	Carrom	
Shuttle Badminton	Shuttle Badminton	

Outdoor Games				
Men	Women			
Cricket	Throw Ball			
Volley Ball				









Sports Prize Distribution was held on 29th March 2016 in our college Seminar Hall. The Chief Guest were Smt. Manjula Venkatesh, Ekalavya awardee & International Taekwondo Player and Smt. Padmapriya Singoor, International Football

Player & SAI Football Coach. Guest of Honour for the function

was Sri. Vankatesh. K Police Sub Inspector (Law & Order) Kengeri Police Station & Dr. R.D Sathish Principal, SIPUC. Prof. Jayaram, Principal SABS presided over the function.

































# Dept. of Physical Education and Sports Activities and Achievements 2015-16

## CONGRATULATIONS STUDENTS







Mr. Kishore K P of IV Sem B.Com participated in Bangalore University inter College Power lifting competition Secured Second Place & Bangalore University Inter college Weight Lifting Competition and Secured First place Ms.

Ashwini. B of III BBM' She got 1st Place in Bangalore University power lifting Competition & Third Place in Bangalore University Inter College Weight Lifting Manjunath R VI Sem. B.Com Secured Third Place in the Power Lifting Competition held at GFGC Malur & GFGC Yelahanka



Our College Volleyball team
Participated in the Inter SET
Volleyball competition and Secured
2nd Place (Runners) in the
Tournamentheld at SFGC Yehalanka.



OUR college power lifting and Shuttle Badminton players participated in 5th annual SET inter institutional "Founders Cup" held on 6/02/2016 our students actively participated and won the prizes.

Sl.No.	Name	Class	Place	Category
1	Ahwini. B	III BBM	II Place	52 kg & below
2	Priyanka. E	I BCA	II Place	57 kg & below
3	Suhas. B	II B.Com	I Place	74 kg & below
4	Madhu Kumar	III B.Com	II Place	66 kg & below
5	Kishore K P	II B.Com	I Place	66 kg & below
6	Dharshan. S	II B.Com	III Place	59 kg & below
7	Vijay Kumar	I B.Com	III Place	83 kg & below



Manoj K.P VI Sem. B.Com Represented our college in Bangalore University Best physique competition held at Government Arts College

Bangalore and Secured Silver Medal in the competition

Mr. Kiran K.P B.Com I Year of our College Represented SET Cricket Team for Various Inter College events as below

- ☐ K.M Nanjappa T-20 Cricket Tournament
- ☐ Reva University Cricket Tournament
- ☐ Surana Cup Cricket Tournament

3

### REPRESENTING KARNATAKA STATE IN VARIOUS EVENTS



MADHU KUMAR S



NAVEEN NAVADA



SHARATH KUMAR N South Zone Tennis Ball Cricket & Senior National Shooting Ball



**SURAJ A KOOGE** 



Kishore K.P



Prashanth Kumar M.K



NITHIN R



GAGAN Y.R



SHIVA KUMAR

ATHLETIC CHAMPION FOR



CHANDAN KUMAR



**DILIP RAO K.S** 



YESHWANTH KUMAR





MANJUNATH D.R

## INTER CLASS SPORTS OVER **ALL CHAMPION CLASS 2015-16**



IV Sem. B.Com 'A'

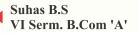




Aishwani B VI BBM



**BEST OUTGOING SPORTS** PERSONS FOR **THE YEAR 2015-16** 



Aishwani B



## Dept. of Physical Education and Sports Annual Report 2015-16

The 11th Annual Inter Class Athletic Meet of Seshadripuram Academy Business Studies K.S. Town was held on 19th September 2015 at



Jnanabharathi UCPE Ground. It was inaugurated by Sri.Shivakumar K.J Director of Physical Education, Dr. Ambedkar Institute of Technology, Bangalore, Sri. B.A Ananthram Chairman, Governing Council, SABS. & Sri. B M Parthasarathy, Hon. Treasurer, SET was the Guest of Honour for the function Both the Guests and along with our Principal Prof. Jayaram released the Pigeons into the open air signifying peace and harmony.

Sri. B.A.Ananthram presided over the function. Good number of Students and all Teaching and Non-Teaching Staff also participated in various athletic events and won the prizes.



College Students Participated in many of the Bangalore University Inter College Competitions like Athletics, Best Physique, Shuttle Badminton,

Kabaddi, Volleyball, Power Lifting, Weightlifting, Table Tennis and Won Medasl in Best Physique, Power Lifting & Weightlifting.

Our College Students participated in inter SET Championship in various events like Table Tennis, Volleyball, Powerlifting, Chess, Shuttle Badminton and secured 2nd Place in Volleyball as well as medals in Power Lifting Competitions.



Four (04) students of our College represented Karnataka State for the South Zone Tennis Ball Cricket Championship held at Tamil Nadu in the month of January & 12 students participated in Senior Shooting Ball Nationals held at Bombay in the month of March, 16.

Department of Physical Education & Sports



conducted Inter Class Indoor & Outdoor Sports activities like Volleyball, Throwball, Chess, Shuttle Badminton, Carrom, and Cricket in the month of February in college Auditorium & Ganesh Ground near to college.